

# SEXX FOR MEN

Everything you always wanted to know about sex, but were too afraid to ask? Step forward Sudhakar Krishnamurthi.

By Allen Mendonca

*Sexx Is Not a Four-Letter Word* is the funniest book on sex I have read in a long while. And it's dead serious. It's about men and their sexual dysfunctions. It is also about sexual ignoramuses.

The author, Dr Sudhakar Krishnamurti, is an internationally renowned andrologist and micro surgeon, and the first Indian doctor to practice exclusive clinical andrology – the branch of medicine that deals with disorders of the male reproductive system.

The tone for this marvelous book that is fast-paced, educative, enlightening and entertaining is set in the foreword: "In the 1970s film, *Sleeper*, there is a scene where Woody Allen is in the operation theatre awaiting brain surgery following a head injury. Just before he is administered anesthesia, he requests the neurosurgeon to take special care of his brain. "The brain's my second favourite organ doc," he says, matter-of-factly."

"Woody's favourite is my favourite too. The only difference is that his is avocational whereas mine's vocational."

Each chapter is a brilliant essay on a particular problem ending with a boxed Take Home Message that encapsulates the meaning and details of the problem with a suggestion on where one can find more information on the web.

The chapters have such headings as Fallacies about Phalluses, The Vas Deferens between Men and Women, On Fast Guys and other Seminal Matters and Late Comers and Marathon Men.

They are a rip-roaring read. For Dr Krishnamurti who has had over two decades of experience in the field, dips into his

customer base and doles out real life stories, even taking wicked digs at times.

When not writing essays and columns on andrology in newspapers and magazines, Dr Krishnamurti spends time counseling and treating men at his Andromeda Andrology Centre in Hyderabad.

Dr Krishnamurti is the only Asian to have won the prestigious Herbert Newton international award for original clinical research in the field of sexual medicine. He won this for having described the Krishnamurti Operation for a condition called Peyronie's disease. He is also the only Indian in his field to have been twice appointed on WHO expert committees.

[www.sudhakarkrishnamurti.com](http://www.sudhakarkrishnamurti.com)

## **Sexx is Not a Four- Letter Word**

*Rupa*  
Rs 95

